

B.P.Ed. two year course (Four semester)

I Sem

CC-101 History, Principles and foundation of Physical Education

CC-102 Anatomy and Physiology

CC-103 Health Education and Environmental Studies

EC-101 Officiating and Coaching

PC-101 **Track and Field (Hockey)**

PC-102 Swimming/Gymnastics/Shooting

PC-103 Indigenous Sports: March past

PC-104 Mass Demonstration Activities: umbrella

II Sem

CC-201 Yoga Education

CC-202 Educational Technology and Methods of Teaching in Physical Education

CC-203 Organization and Administration

EC-201 Contemporary issues in physical education, fitness and wellness

PC-201 **Track and Field (Hockey)**

PC-202 Yoga Practice

PC-203 Racket Sports: Badminton, Table Tennis

PC-204 **Teaching Practice Hockey** (Classroom and outdoor)

III Sem

CC-301 Sports Training

CC-302 Computer Applications in Physical Education

PC-301 **Track and Field (Hockey)**

PC-302 Combative Sports: Martial Art, Karate

PC-303 Team Games: Cricket, Hockey

PC-304 **Teaching Practice: Hockey (Teaching Lesson Plans)**

IV Sem

CC-401 Measurement and Evaluation in Physical Education

CC-402 Kinesiology and Biomechanics

CC-403 Research and Statistics in Physical Education

EC-401 Theory of sports and games Management

PC-401 **Teaching Practice: Hockey** (Laws and principles of learning)

PC-402 **Sports Specialization: Coaching lessons Plans (Hockey Events)**

PC-403 **Game specialization Coaching lessons: Hockey**